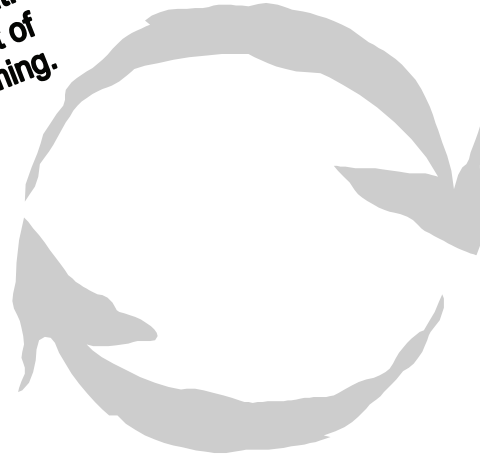


# The cycle of violence



## The Tension

Feels like walking on eggshells. Nothing is right. The emotional abuse is constant and the threat of physical violence is looming. The storm is coming.



## The Violence

The explosion of violence. The storm arrives. Can include physical, sexual or emotional violence. **A CRIME IS COMMITTED.**



## The Honeymoon

The abusive partner behaves differently after an explosion. Some deny the violence and ignore it. Some apologize, promise it will never happen again and may give gifts. It is a period that reinforces the control the abusive partner has. It gives the survivor hope that things can change. But, all too soon, the honeymoon is over and the tension returns.



The more times the cycle completes itself, the less time it takes to complete.

As the cycle continues to repeat, the violence gets worse.